



Menu # 3

Monday:

Breakfast: Cereal w/ ½ Banana & Milk

AM Snack: String Cheese

Lunch: Shepherd's Pie, Pears & Milk

PM Snack: Rice Cakes

Tuesday:

Breakfast: ½ Slice of Toast w/ Cutie & Milk

AM Snack: Ham & Cheese Roll-ups

Lunch: Bagel Pizza, Salad, Apples & Milk

PM Snack: Muffins

Wednesday:

Breakfast: Soy Butter & Banana Pocket & Milk

AM Snack: Pumpkin Bread

Lunch: Soft Tacos, Corn, Peaches & Milk

PM Snack: Sliced Cucumbers w/ Cheese

Thursday:

Breakfast: Bagel w Cream Cheese & Sliced Apples & Milk

AM Snack: Nutrigrain Bars

Lunch: Spaghetti & Meatballs, Green Beans, Mixed Fruit & Milk

PM Snack: Orange Slices

Friday:

Breakfast: Yogurt w/ Fruit & Granola & Milk

AM Snack: Bagel w/ Cream Cheese

Lunch: Chicken Nuggets, Potatoes, Pineapple & Milk

PM Snack: ½ Banana & Wafers