



Menu # 1

Monday:

Breakfast: Cereal w/ ½ Banana & Milk

AM Snack: Nutri-Grain Bar

Lunch: Soy Butter & Jelly Sandwiches, Tator Tots, Apples & Milk

PM Snack: Gogurts

Tuesday:

Breakfast: ½ Slice of Toast w/ Cutie & Milk

AM Snack: Applesauce

Lunch: Broccoli Chicken and Rice w/ Diced Pears & Milk

PM Snack: Pretzel Twists

Wednesday:

Breakfast: Soy Butter and Banana Pocket & Milk

AM Snack: Cinnamon Raisin Toast & Water

Lunch: Baked Ziti, Green Beans, Pineapples & Milk

PM Snack: String Cheese

Thursday:

Breakfast: Bagel w Cream Cheese and Sliced Apples & Milk

AM Snack: Trail Mix

Lunch: Bean and Cheese Burrito, Tomato/Cucumber/Avocado Salad & Milk

PM Snack: Softened Carrots

Friday:

Breakfast: Yogurt w/ Fruit & Granola

AM Snack: ½ banana & cheerios

Lunch: Chicken Noodle Soup, w Saltines, Orange Slices & Milk

PM Snack: Goldfish