



## Menu #3

### Monday:

**Breakfast:** Cereal w/ ½ Banana & Milk

**AM Snack:** String Cheese

**Lunch:** Chicken Nuggets, Potatoes, Grapes & Milk

**PM Snack:** Watermelon

### Tuesday:

**Breakfast:** ½ Slice of Toast w/ Cutie & Milk

**AM Snack:** ½ Banana and Cheerios

**Lunch:** Meatball Subs on Wheat Rolls

Roasted Potatoes, Pears & Milk

**PM Snack:** Graham Cracker w/Apple Slice

### Wednesday:

**Breakfast:** Soy Butter & Banana Pocket & Milk

**AM Snack:** Nutri-grain Bars

**Lunch:** Pizza Rolls, Salad, Oranges & Milk

**PM Snack:** Cantaloupe

### Thursday:

**Breakfast:** Bagel w Cream Cheese & Sliced Apples & Milk

**AM Snack:** Trail Mix

**Lunch:** Tuna Salad in Whole Grain Pita

Carrots, Strawberries, & Milk

**PM Snack:** Cuties

### Friday:

**Breakfast:** Yogurt w/ Fruit & Granola & Milk

**AM Snack:** Rice Cakes

**Lunch:** Chicken Sandwiches on Whole Grain Bun

Roasted Veggies, Pineapples & Milk

**PM Snack:** Goldfish